

# FAMILY PLANNING 2020 COMMITMENT



## UGANDA YOUTH AND ADOLESCENTS HEALTH FORUM (UYAHF)

<http://www.familyplanning2020.org/uyahf>

*The Uganda Youth and Adolescents Health Forum (UYAHF) made the following commitment to Family Planning 2020 and Every Woman Every Child on Aug. 10, 2017.*

By 2020 UYAHF, commits to enhance knowledge, demand, access and uptake to quality adolescent friendly SRHR and MNCH services for 1000 vulnerable and marginalized adolescent girls and young women ages 15 – 24 years who have given birth and those at high risk of unintended pregnancy in 5 districts of Uganda through, 500 referral and linkages, capacity building trainings and dialogues on SRHR and MNCH and training of 10 health service provider per district in provision of quality adolescent friendly SRHR/MNCH services.

### PROGRAM & SERVICE DELIVERY COMMITMENTS

#### **The Uganda Youth and Adolescents Health Forum (UYAHF) commits to accomplishing the following by 2020:**

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As a result, 1000 adolescent mothers and adolescent girls both at risk and not at risk of unintended pregnancy are able to express sufficient knowledge and information on the key concepts of safe motherhood and postpartum FP, going for at least four antenatal care visits, are delivering from a health facility with a qualified health worker and are able to exclusively breastfeed their infant for at least six months 1000 girls looking to avoid a pregnancy but who are at high risk are using a modern contraceptive of their choice.

Our commitment is multi-sectoral as it focuses on educating and enhancing the knowledge base of various categories of adolescent including those who have already engaged in child birth and those at high risk of unintended pregnancy on key concepts of SRHR and safe motherhood with an aim of enhancing their health seeking behaviors, enhancing utilization of MNCAH services increasing their knowledge of availability of services and information with an overall objective of enhancing the outcome of maternal and child health through reduced maternal mortality and morbidity as well as infant and child mortality. So the adolescent will be trained and empowered with knowledge in antenatal care, health facility deliveries, contraception, nutrition, breastfeeding, postnatal care among other disciplines. Additionally, we shall conduct referral and linkages of adolescents to quality SRHR/MNCH services and training of service provider shall also be conducted in increasing on mainstreaming high impact practices of adolescent friendly services in the existing RMNCH service.

*FP2020 contributes to the goals of the Every Woman Every Child Global Strategy for Women's, Children's and Adolescents' Health, and a commitment to FP2020 is in support of the Every Woman Every Child movement.*